

*For all who are interested in inquiring into  
the nature of their true Self, join*

***Jan Frazier***

*Author of When Fear Falls Away-The Story of a Sudden Awakening*



**An Evening Talk**

**Sunday, Nov 1<sup>st</sup> 7pm**

**Karuna Yoga Center 25 Main St, Northampton**

by donation

**An Afternoon Retreat**

**Saturday, NOV. 14<sup>th</sup> 1-5:30pm**

**Karuna Yoga Center 25 Main St, Northampton**

Registration: \$60 before October 1<sup>st</sup>, \$75 afterwards

(pre-registration recommended)

Contact: Forest at dancingforest@yahoo.com or 413-585-9996

For more information visit Jan's website:

**JanFrazierTeachings.com**

*"Read this delicious, liberating, radical book. It offers the best of gifts, finding the joy and love of your own freedom." Jack Kornfield, author of A Path with Heart*

**This is a Fragrance-Free Event:** Please refrain from wearing scented personal care products: Essential oils, fragranced shampoo/conditioner, body lotions, perfume or cologne. Your cooperation is deeply appreciated.